

**ACADIA INSTITUTE OF OCEANOGRAPHY**  
**Health History and Examination Form**

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_  
*Last First Middle Initial*

Parent or Guardian \_\_\_\_\_

Student's Address \_\_\_\_\_ Phone \_\_\_\_\_  
*Street or P.O. Box Home*

\_\_\_\_\_ Phone \_\_\_\_\_  
*City State Zip Code Business*

Second Parent or Guardian or Emergency Contact

Address \_\_\_\_\_ Phone \_\_\_\_\_  
*Home*

\_\_\_\_\_ Phone \_\_\_\_\_  
*Business*

Additional emergency contact \_\_\_\_\_ Phone \_\_\_\_\_  
*Home*

Relationship to student \_\_\_\_\_ Phone \_\_\_\_\_  
*Business*

Operations or serious injuries (*dates*) \_\_\_\_\_

Circle any medical issues which the student is currently treated for by a doctor (circle all that apply):

**Asthma for which student requires inhaler**

**Severe allergy for which student requires epi pen**

If either is circled, please submit an Action Plan with the health form

Explain source of allergy or need for inhaler:

Dietary restrictions \_\_\_\_\_

Current medications (*see back of form*) \_\_\_\_\_

Other medical concerns \_\_\_\_\_

Name of dentist/orthodontist \_\_\_\_\_ Phone \_\_\_\_\_

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

Medical/hospital insurance information (*please attach copy of card, if available*)\*

Carrier \_\_\_\_\_ Policy/Group # \_\_\_\_\_ \*though the emergency room of MDI Hospital will accept the health insurance info on out of state patients, the local of state patients, the local health clinics require payment at time of service with cash or credit card. In this case, the credit card. In this case, the clinic or our nurse may call for credit card information.

Any mental health issues \_\_\_\_\_

Additional health-related suggestions for this person? \_\_\_\_\_

*For Females:*

Has this person menstruated? \_\_\_\_\_ If not, has she been told about it? \_\_\_\_\_

If so, is her menstrual history normal? \_\_\_\_\_ Special considerations \_\_\_\_\_

**The following must be completed for attendance**

This health history is correct so far as I know, and the person herein described has permission to engage in all AIO activities except as noted. **Authorization for treatment:** I hereby give permission to the medical personnel selected by the AIO Director to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes. In the event I cannot be reached in the case of an emergency, I hereby give permission to the physician selected by the AIO Director to secure and administer treatment, including hospitalization, for the person named above. The completed forms may be photocopied for trips off site.

Signature of parent/guardian or adult student \_\_\_\_\_

**I also understand and agree to abide with the restrictions placed on my activities at AIO:**

Signature of minor or adult student/staff \_\_\_\_\_ Date \_\_\_\_\_

Vaccines	Date of Basic Immunization	Date of Last Booster
Diphtheria Pertussis (Whooping Cough) } DPT Tetanus or	1 2 3	1 2
Tetanus Diphtheria } Tdap or		
Tetanus Td		
IPV Polio vaccine		
Hepatitis A vaccine		
Measles (hard or red measles, Rubelola)		
Hepatitis B Vaccine		
Human papillomavirus vaccine HPV		
Varicella vaccine VAR		
Meningococcal Serogroup		
Haemophilus influenza b (HIB)		
Pneumococcal PCV13 or PPSV23		
Covid-19 vaccine: type:		

**Health Care Recommendations (to be completed by a licensed health care provider)**

I have examined the above applicant within the past year. Date Examined \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

This applicant is under the care of a physician for the following:

Treatment (include current medications)

Explanation of any reported loss of consciousness, convulsion, or concussion

Does applicant have epilepsy? \_\_\_\_ Yes \_\_\_\_ No Does applicant have diabetes? \_\_\_\_ Yes \_\_\_\_ No

Are there any mental issues AIO should be aware of?

**Recommendations and Restrictions while at AIO:**

Any treatment/medication to be continued(list specific dosages)

Any medically prescribed meal plan or dietary restrictions

Any allergies (*food, drugs, plants, insects, etc*)

Does the student have any history of knee or back problems?

Activities to be encouraged or limited? Additional Health Information?

Health Care Provider's Signature (DO,PA,MD,NP)\_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ Date \_\_\_\_\_